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Book of Mormon Gems of Truth: Lesson 25

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Abstract: Monthly Book of Mormon lessons for adult women (Relief Society). Each month a verse of Book of Mormon scripture is presented with accompanying quotes from General Authorities and writers of the Church.

Visiting Teacher Messages

Book of Mormon Gems of Truth

Lesson 25: "Now My Brethren, We See That God Is Mindful of Every People, Whatsoever Land They May Be in; Yea, He Numbereth His People, and His Bowels of Mercy Are Over All the Earth . . ." (Alma 26:37).

Leone O. Jacobs

For Tuesday, October 5, 1954

Objective: To assure us that God watches over all his children.

HOW reassuring it is to know that God is mindful of us all! To know that wherever we abide, be it in one corner of the globe or another, on the isles of the sea, in war-torn countries or under oppression, God can account for us all and is concerned for our welfare.

It is not at all strange that he is mindful of us. Are we not his very own children, created in his image, and with a spark of divinity within each one of us? Surely it is most natural for him to know our whereabouts. He is constantly willing to sustain and direct us.

Not only can we be assured that God is mindful of his children, but we can also be assured of his hearing us, if we keep the channel of prayer open. And how is this channel kept clear? Only by the righteous living of those who wish to "tune in."

Knowing that we are numbered unto him and that his mercy is extended over all the earth, makes it easier for us to accept the responsibilities and burdens we are called upon to shoulder. We know there is always one on whom we can rely, to whom we can go for guidance. We are not alone in the world. No matter how dark the clouds of discouragement and woe, we are not

lost to God—we are not forgotten. It is possible to have his spirit as a constant companion. Together, we can weather any storm.

God does not always avert the calamities which are incident to the world around us and which envelop and plague us, because men must be free agents unto themselves. The actions of wicked men can bring suffering to many who are innocent. But the Lord can and will give us strength, faith, and comfort, if we seek them from him, so that we may live courageously.

We have heard of many instances in which individuals, under various circumstances, have felt the sustaining influence of our Heavenly Father. Many have testified that they felt his sustaining spirit during the grim experiences of war, still others receive inspiration from him amid the quiet stillness of nature. Many have found his comfort in times of illness, sorrow, and need.

Let us not be disheartened if we find that we must live amidst very trying conditions, many of which come to us for our individual development. Remember, not one of us need be far from our Heavenly Father. Only our attitudes and the conduct of our lives can keep us remote from him.