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Book of Mormon Gems of Truth: Lesson Preview For 1955-56

Author(s): Edith S. Elliot

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Abstract: Preview for monthly Book of Mormon lessons, which would include a scripture from the Book of Mormon accompanied by insights from General Authorities and writers of the Church.

Visiting Teacher Messages

Book of Mormon Gems of Truth

Preview of Lessons for 1955-56

Edith S. Elliott

THE messages for Relief Society visiting teaching for the 1955-56 period will again be "Book of Mormon Gems of Truth." The "gems" have been selected from the same section of The Book of Mormon covered by this year's theology lessons, which comprises the Book of Helaman and 3 Nephi, chapters 1 to 14 inclusive.

This division of scripture begins with the fortieth year of the reign of the judges over the people of Nephi, and continues to Christ's appearance and part of his ministry in the Western Hemisphere.

In these selected pages are recorded the advice, prophecies, commendations, admonishings, and warnings of such noble characters as Helaman, Samuel the Lamanite, and Nephi, the son of Helaman, to name but three. The crowning joy of this study section is the opportunity to become more familiar with the beginning of Christ's teaching of the gospel which is the only pattern for salvation. His sojourn with the people of the Americas proves his love for his brethren and his hope to lead all of them back into his Father's presence.

It is hoped by the general board that the short scriptural messages will find a welcome in the homes, and that the visiting teachers can present them in such a way that the members in their districts will use them to enrich their lives.

A good way to feel at ease with scriptural quotations is the memorization of them. Then, they can be recalled as needed during the discussion of the message.

If no one is at home when the call is made, it is suggested that the message objective and the scriptural reference for the month be written on the back of the "Notice of Visit" slip. This is a friendly way to let a sister know that you wish to share with her a gem of truth.

The messages and the objectives for the eight months follow:

Lesson 33. *"For, If Ye Forgive Men Their Trespasses Your Heavenly Father Will Also Forgive You"* (3 Nephi 13:14).

Objective: To show that to obtain forgiveness from God entails our forgiving our fellow men.

Lesson 34. *"But Thou, When Thou Prayest, Enter Into Thy Closet, and When Thou Hast Shut Thy Door, Pray to Thy Father Who Is in Secret; and Thy Father, Who Seeth in Secret, Shall Reward Thee Openly"* (3 Nephi 13:6).

Objective: To point out that we are admonished to pray in secret and we shall be rewarded openly.

Lesson 35. *"But When Thou Doest Alms Let Not Thy Left Hand Know What Thy Right Hand Doeth; That Thine Alms May Be in Secret;*

and Thy Father Who Seeth in Secret, Himself Shall Reward Thee Openly (3 Nephi 13:3-4).

Objective: To point out that alms should be given in secret and the Lord shall reward openly.

Lesson 36. "Therefore, Blessed Are They Who Will Repent and Harken Unto the Voice of the Lord Their God; For These Are They That Shall Be Saved" (Helaman 12:23).

Objective: To point out that repentance and hearkening to the voice of the Lord bring salvation.

Lesson 37. "Yea, We Can See That the Lord in His Great Infinite Goodness Doth Bless and Prosper Those Who Put Their Trust in Him" (Helaman 12:1).

Objective: To show that trust in the Lord brings blessings.

Lesson 38. "Therefore, Whoso Heareth These Sayings of Mine and Doeth Them, I Will Liken Him

Unto a Wise Man, Who Built His House Upon a Rock—And the Rain Descended, and the Floods Came, and the Winds Blew, and Beat Upon That House; and It Fell Not, For It Was Founded Upon a Rock" (3 Nephi 14:24-25).

Objective: To show the necessity of not only hearing the word of the Lord but in doing it also.

Lesson 39. "But Behold, the Resurrection of Christ Redeemeth Mankind, Yea, Even All Mankind, and Bringeth Them Back Into the Presence of the Lord" (Helaman 14:17).

Objective: To show that Christ broke the bonds of death and all men will be resurrected.

Lesson 40. "For Behold, Ye Are Free; Ye Are Permitted to Act For Yourselves; For Behold, God Hath Given Unto You a Knowledge and He Hath Made You Free" (Helaman 14:30).

Objective: To show that free agency is an eternal gift.

Work Meeting—Food Preparation and Service

(A Course Recommended for Use by Wards and Branches at Work Meeting)

Preview of Lessons for 1955-56

Rhea H. Gardner

THE person who plans the meals, cooks the food, directs food service, and presides at the table, has a lot to do with the health and happiness of family members. Her influence is effective not only while her children surround the family dinner table, but long after they go into homes of their own. Her habits

and values become theirs "for better or for worse."

The main objective of this two-year course of study, therefore, is to make mealtime a time for pleasure; a time for the strengthening of family ties through the sharing of experiences; and a time for the formation of habits, associated with