Book of Mormon Pages and Time Periods

This chart shows how many pages in the Book of Mormon correspond with each author and time period. * Estimated years **Approximate years** Pages 13 1 Nephi 52.5 2 Nephi Jacob 18.5 62* Enos 2.5 **Jarom** 0mni Mosiah 39 Alma 161 Helaman 38 3 Nephi 4 Nephi Mormon 18.5 21 Moroni 13.5 Ponder this question: Why did Mormon include what he included?